

Unlocking the door to human behavior -The Myers-Briggs Type Indicator (MBTI)

> January 16, 2024 - 10:00 – 11:15 am Registration is Free

Have you ever wondered why you prefer to stay at home while your significant other would rather go out to a party? Have you ever been frustrated with a co-worker who can't make up their mind? Are you someone who plans a month ahead in detail or someone who goes with the flow? Do you wonder why people do what they do?

The Myers-Briggs® Type Indicator (MBTI) is the world's premier personality assessment that can help unlock some of these mysteries. Rooted in research, tested and validated, the MBTI identifies the hard-wired personality preferences we're all born with. It explores how those preferences are presented to the world and how we develop our opposite preferences.

Used in personal and professional life, the MBTI is a framework for achieving greater self-awareness and self-management. It supports effective communication, leadership, and team development.

Featured speaker Leigh Ann S. Larson is a MBTI Master Practitioner and Vice President of Education and Marketing, Wisconsin Hospital Association (WHA). Her presentation provides an introduction to this powerful tool and the impact it can make on your life.

Session:

10:00 am – Welcome – Peg Larson, Past President, Partners of Wisconsin Hospital Association

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Leigh Ann S. Larson's 25-year career in the healthcare industry has been dedicated to the fields of training and education. She has focused on: leadership skills and development, professional communication skills, conflict resolution, stress management, problem solving and the Myers-Briggs Type Indicator (MBTI) ®, for which she has earned a Master Practitioner Certification designation. Leigh Ann has held the roles of Vice President of Education and Marketing with the Wisconsin Hospital Association (WHA) and Executive Director of the WHA Foundation since 2019. Leigh Ann earned a Bachelor of Science degree from the University of Wisconsin – La Crosse in Education with emphasis in Speech Communications and English.

11:00 am -Closing Comments/Adjourn - Peg Larson

Intended audience: Hospital and long-term care auxilians, volunteers, and volunteer coordinators and professionals.

Click <u>HERE</u> to register by January 16.

After registering, you will receive a confirmation email containing information about joining the virtual webinar on January 16.

THANK YOU TO THE COLLABORATING PARTNERS

Iowa Hospital Auxilians and Volunteers (IHAV) | Minnesota Association of Healthcare Volunteers (MAHV) North Dakota Hospital Association (NDHA) | Partners of Wisconsin Hospital Association (WHA)